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## **Soy in Food: What is that doing in there?**

### **Quiz: Shelf-life**

1. How do you know a product is at the end of its shelf life?
2. What is spoilage and what are some examples of different ways food can spoil?
3. For each of the following, give an example of how this approach extends shelf life:
  - a. packaging –
  - b. processing –
  - c. formulation –
4. Describe the relationship between shelf life and water activity:

Did drying, salting, or drying and salting impact the shelf life?