Honey and Biotech

Standard Operating Procedure #501

Flame Test for Honey

Laboratory: Bioresearch

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General: Raw honey comes directly from the beehives and goes through minimal processing. This type of honey can also be called raw unfiltered honey. One of the most widely-adulterated products globally is honey, particularly the organic variety, a high-value item prized for its unique properties, such as being a good source of antioxidants. According to the U.S. Food Fraud database, it is the third most targeted food for adulteration,

after milk and olive oil. It's also financially significant: the global honey market size was valued at USD 9.21 billion in 2020 and is expected to grow at a compound annual growth rate of 8.2%. If honey samples have been altered with other ingredients, then the sample will not light due to moisture content.

Safety: Eye protection

Materials

honey samples beaker of water sterile swabs Bunsen burner

Procedure

- 1. To test honey samples for added water, dip cotton swab in the honey and allow excess to drip off of the swab for 5 minutes.
- 2. Place honey-dipped cotton swab into the flame of a bunsen burner to see if it burns uniformly. Make sure to extinguish the lit swab in a beaker of tap water before disposing in the trash.
- 3. If it doesn't burn, then it contains added water. Pure honey is flammable.
- 4. Repeat steps 1-2 for each sample.

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